Information

Tuck Shop Schedule

The Tuck Shop is open for business **Monday through Friday from 1:30pm-2:30pm** inside the **Front Office**. Please be advised that this time is subject to change.

Exercise Equipment

Exercise Equipment is available in the **Lifestyle Office** for use/sign out. Please see Daniella for more information.

Leisure Binder

Check the leisure binder located at the **front desk** often for special events, outings and activities to sign up for!

Barrie Public Library Books

Large print Barrie Public Library books and DVD's are always available in the **Lifestyle Office**

Management Staff Listing

Michael Ayers, General Manager - michael@simcoeterrace.com

Theresa Abreu, Office Manager - theresa@simcoeterrace.com

Monica Mosher, RPN, Director of Wellness - monica@simcoeterrace.com

Darlene Guirey, Dietary Manager - darlene@simcoeterrace.com

Daniella Ventimiglia Lifestyle Consultant - daniella@simcoeterrace.com



Símcoe Terrace Retírement Residence

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Símcoe Terrace Retirement Residence May 2017 Issue





The Terrace Tribune

Happy Mother's Day



Message from the GM

All of a sudden Winter departed in April and May Spring weather is here. Unfortunately we are ending April with a few colds and Public Health mandated closure of our Public Lounges. With everyone's cooperation we are hopeful to reopen and resume activities early in May.

This is a hard way to reinforce the importance of good hand washing, and self reporting to the Nursing Staff if you have cold or stomach symptoms.

On a brighter note we have a number of new staff and new residents, so thank you for making them feel welcome.

Stay Well Everybody
Michael Ayers,
General Manager

Welcome to the Terrace

Leonie Lagace, Anne Floyd, Flo Davis, Adrienne Alphonse, Boyd Balkwill, Tom McKay, Doug Acheson

May Outings

Uncle Bob's Country Buffet

Wednesday May 17th we will be <u>walking</u> to Uncle Bob's for lunch at Wellington Plaza. We will leave Simcoe Terrace at 11:15am. \$14.99 Buffet Price. Seniors 65+ with a valid ID receive 10% off.



Walmart Shopping Trip

Wednesday May 24th we will be going to Walmart! We will leave Simcoe Terrace at 1:30pm and return for 3:30pm.

Please note that unforeseeable circumstances may require outings to be postponed or cancelled

Please sign up for outings at the Front Desk. Space is Limited.

Resident Council News

Purchases in April:

Easter Baskets for Raffle

2017 Resident Council Members:

Margaret Milne - Library/Secretary Committee

Barb Lane - Welcoming Committee

Falk Stethin - Recreation Committee

Judi Cadman and Anne Oldcorn - Treasury/Fundraising Committee

Please continue to use the suggestion box located in the Front Lounge!

Highlights of the Month

Horticultural Club at Simcoe Terrace

If you have a green thumb and would like to join the horticultural club please sign up in the Leisure Binder at the Front Desk. Tasks will include planting, watering, maintaining indoor/outdoor plants.

Seniors Month Preparation

June is seniors month! In preparation for the celebration, if any Residents would like to submit a photo (1-2) depicting any job/career you had, or depicting any special contribution you have made to society, we would love to see it! With the photos we will make a collage for all to see the wonderful contributions our seniors at Simcoe Terrace have made over the years.

Theresa has a new office!

Theresa's office is now located in Room 137. Trust fund hours are Tuesday 10am-12pm and Thursday 1:30pm-3:30pm.

Keep an eye on the Calendar!

May 1—Foot Care

May 8—Foot Care

May 10—Menu Chat with Darlene

May 12—Program Chat with Daniella

May 12—Piano Entertainment With David

May 17—Uncle Bob's Country Buffet Lunch Outing

May 19—Mens Beer and Billiards!

May 22—Victoria Day / Highway Singers

May 23—Piano Entertainment With David

May 24—Walmart Shopping Trip Outing

May 26—Ladies Wine and Cheese, Please!

May 29—Resident General Meeting

May 29—May Babies Birthday Bash



Resident's Corner

Flowers, Stones and Signs for May Babies

The fragrant Lily of the Valley signifies sweetness, humility, and a return to happiness. If you want to show your loved one that your life is complete with them, give them a few lilies of the valley. The other May flower is the **Hawthorn** plant, which represents hope and supreme happiness. Hawthorn signifies that you want only the best for the recipient

May birthdays fall right in the heart of spring, and the **Emerald** is the perfect gem to symbolize and celebrate this month. Prized for its brilliant and beautiful green color, the emerald is often favored by the rich and famous to wear as statement pieces for big events. The emerald, a symbol of rebirth, is believed to grant the owner foresight, good fortune, and youth. Emerald, derived from the word "smaragdus," means, quite literally, "green" in Greek.



Betty S	May 2nd
Bill B	May 2nd
Judi C	May 4th
Phyllis S	May 6th
Esther K	May 7th
Irene L	May 9th
Robert N	May 20th
David A	May 21st
Alex S	May 28th

Taurus April 20 to May 20 / Gemini May 21 to June 20

Join us on Monday May 29th in the

Activity Room at 2:00pm for our May Babies Birthday Party with Eileen Hennessey!

Cake and ice cream will be served!

Athletes of the Month!

Can you beat these amazing achievements? Prove it!

Darts:

Evelyn F. with a total month score of 482!

Floor Kurl:

Red Team with the most wins!

Carpet Bowling:

N/A

Ladder Ball, Best 2 of 3:

Red and Blue Tie!

Bean Bag Toss:

Iona S with a total month score of 274!

Shuffleboard:

Table #1: Joan J. total moth score of 2159! **Table#2:** Evelyn F. total month score of 2884!